



The Holt Primary School

Headteacher: Mrs Julie Leach B.Ed(Hons) NPQH



Long Term Planning Overview 2026/2027

Please insert the NC or framework objectives which you plan to teach for the term. Please blank out any aspects not part of the topic.

Year: 1

Term: 1

Teacher: RK/TM

Topic title: Superhero Me!

MAIN DRIVER: Science & PSHE	TOPIC DESCRIPTION: Looking at our bodies, what keeps us healthy and makes us special. We are all superheroes, can you investigate the best materials to design your superhero costume?
SUBJECT	NATIONAL CURRICULUM/Framework OBJECTIVES
Geography NC	
History NC	
Science NC	Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense. Distinguish between an object and the material from which it is made. Identify and name a variety of everyday materials, including wood, plastic, glass, metal, water, and rock. Describe the simple physical properties of a variety of everyday materials . Compare and group together a variety of everyday materials on the basis of their simple physical properties.
DT NC	Use the basic principles of a healthy and varied diet to prepare dishes. Understand where food comes from.
Art NC	
PE NC	Participate in team games, developing simple tactics for attacking and defending. Develop balance, agility and co-ordination, and begin to apply these in a range of activities
RE Agreed syllabus	Christianity Believing (what do Christians learn from stories in Old and New test?)
PSHE One decision	Keeping/staying healthy (baseline & washing hands)
Computing NC	
Music NC	
Enrichment Outdoor learning/well being	KS1 enrichment N/A
OTHER ASPECTS	ADDITIONAL INFORMATION
Writing Genres	Labels, Lists, Captions, Recipes, Rhyming words – Funny bones
Mathematical links	Measuring – comparison of size: taller, shorter, tallest, shortest. Counting – Handa's fruit
Quality Texts	Supertato, Handa's Surprise, Funny Bones, Only one you, Avocado baby, Someone just like you, Gruffalo Crumble

The Holt Primary School

Headteacher: Mrs Julie Leach B.Ed(Hons) NPQH

Key experiences	Making fruit kebabs/soup, straw art – funny bones
Discreet Subjects	
Linked Subjects	
Enrichment arrangements	