



The Holt Primary School

Headteacher: Mrs Julie Leach B.Ed(Hons) NPQH



Long Term Planning Overview 2023/2024

Please insert the NC or framework objectives which you plan to teach for the term. Please blank out any aspects not part of the topic.

Year: 5

Term: 5 and 6

Teacher: Mark Ames/Helen Fitzgerald Topic title: The Athlete

MAIN DRIVER: History	TOPIC DESCRIPTION: A journey back in time to when the Ancient Olympics began, how democracy was formed and how exercise has benefits to our health.
SUBJECT	NATIONAL CURRICULUM/Framework OBJECTIVES
Geography NC	Human and physical geography human geography, including: types of settlement and land use, economic activity including trade links, and the distribution of natural resources including energy, food, minerals and water
History NC	Ancient Greece – a study of Greek life and achievements and their influence on the western world
Science NC	Animals including humans Pupils should be taught to: - Identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood - recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function - describe the ways in which nutrients and water are transported within animals, including humans Scientific Enquiry - planning different types of scientific enquiries to answer questions, including recognising and controlling variables where necessary - taking measurements, using a range of scientific equipment, with increasing accuracy and precision, taking repeat readings when appropriate - recording data and results of increasing complexity using scientific diagrams and labels, classification keys, tables, scatter graphs, bar and line graphs
DT NC	Cooking: - understand and apply the principles of a healthy and varied diet - prepare and cook a variety of predominantly savoury dishes using a range of cooking techniques - understand seasonality, and know where and how a variety of ingredients are grown, reared, caught and processed
Art NC	- to improve their mastery of art and design techniques, including drawing, painting and sculpture with a range of materials [for example, pencil, charcoal, paint, clay] - about great artists, architects and designers in history - FASHION DESIGN
PE NC	- use running, jumping, throwing and catching in isolation and in combination - play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending - develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
RE Agreed syllabus	Being human – Christianity
PSHE One decision	Term 5: Keeping/Staying Healthy – Smoking KS2 Expectations: Drugs, Alcohol and Tobacco (H)The facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking.

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	Term 6: Growing and Changing KS2 Expectations: Changing Adolescent Body (H) Key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes. About menstrual wellbeing including the key facts about the menstrual cycle.
Computing NC	- design, write and debug programs that accomplish specific goals, including controlling or simulating physical systems; solve problems by decomposing them into smaller parts - use sequence, selection, and repetition in programs; work with variables and various forms of input and output - use logical reasoning to explain how some simple algorithms work and to detect and correct errors in algorithms and programs
Enrichment Computer science NC	
Music NC	TBC
MFL NC	All about me – continued: Classroom instructions, My body, Actions
Enrichment Outdoor learning/well being	
OTHER ASPECTS	ADDITONAL INFORMATION
Writing Genres	Narrative – Historical narrative (Orpheus and Eurydice) Non-fiction – Explanation text (The circulatory system) Non-fiction – Persuasion (Smoking) Poetry - MOREAPS
Mathematical links	Statistics linked to tracking changes in heart rate with exercises Averages Links with time, decimals and rounding Converting distances
Quality Texts	Who Lets the Gods Out The Girl of Ink and Stars Orpheus and Eurydice
Key experiences	Olympics
Discreet Subjects	RE, Computing, MFL, Music
Linked Subjects	Science, History, PSHE
Enrichment arrangements	Computer Science